

---

**Table 1: Common causes of anterior knee pain**

---

Patellar	Peripatellar	Intra-articular
Malalignment with maltracking patella	Patellar tendinosis	Anterior horn meniscal tears/cysts
Chondromalacia patellae	Osgood-Schlatter disease	Femoral condyle osteochondral fractures/ bone bruises
Subluxing patella	Prepatellar bursitis	
Osteochondral fracture	Quadriceps tendinosis	
	Patellar plica syndrome	
	Fat pad impingement	

---

[\[Return to text\]](#)