

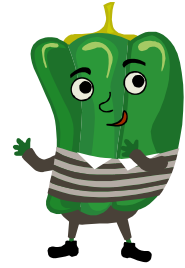
## Fabulously Funny Foods

(Target audience: Preschool or Ages 6-8)



Food can be fun! Programs that focus on food often are very well attended.

**Food stories:** There are many humorous picture books for younger and older children that involve food. Choose your activities according to the age group. Begin the program with a story.



**Examples:** *Cheese Louise* by David Michael Slater  
*Cloudy with a Chance of Meatballs* by Judy Barrett  
*Stone Soup: An Old Tale* by Marsha Brown

### Food Jokes

(See pg.158) Children over six years old will enjoy guessing the answers.

You can put the jokes in a cookie jar and let the children pick them out and read them to the group.

For younger children who do not fully understand jokes, you can try a guessing game. **Example:** What is red and round and juicy and crunches when we eat it?  
Answer: Apple and be sure to have a picture nearby!

### Funny Food Songs

Check your CD collection. Most well-loved children's performers have songs that deal with food.

**Examples:** On top of spaghetti  
Found a peanut  
Peanut-butter sandwich

(For the younger set there are also lots of nursery rhymes that involve food—Muffin man, Pease Porridge Hot, Little Jack Horner, Jack Sprat, etc.)

### Food for Thought Games

Pin the cherry on the sundae: Draw a very large picture of an ice-cream sundae and place on the wall. To add some humour to the game, you can put other pictures nearby of comical-looking people or animals that you draw, cut out of magazines, or are part of SRC clipart.



Cut out cherries from red paper about 4 to 5 cm in diameter and put some sticky tape on the back of each cherry. Blindfold the children, turn them around twice and send them off to put the cherry on the sundae.

### **Tongue Twister Fun**

Below are some examples of popular tongue twisters but you can find many more food related rhymes on the Internet or in a book.

**Examples:** Peter Piper picked a peck of pickled peppers  
Sly Sam slurps Sally's soup

### **Food Word Games**

Divide the group into two or more teams.

Give each team or child a piece of paper and ask each group to answer a series of questions.

#### **Examples:**

1. Name two vegetables that start with the letter B.
2. Name two vegetables that start with the letter C.
3. Name a fruit that starts with the following letters—A, B, F, G, M, R, T, and W.
4. Name a cereal that goes snap, crackle, pop.
5. What ingredient in most cakes starts with the letter F?
6. What's Popeye's favourite green food?

Time the session with an egg timer and then give out prizes to the winners. The prizes can be funny items or you can give out fruit or other foodstuff—bananas, grapefruit, or cookies in the shape of medals.

### **Crazy Cooking Contest**

For the older crowd, you could hold a cooking contest where the children bring their home-cooked foods to the library for judging. You can have different categories such as —the most colourful, the most original, the funniest dessert, the silliest vegetable. Make sure there are plenty of prizes! (If food allergies are a concern, you will want to alert children and their parents to be aware of the fact that you cannot vouch for the ingredients in the contest foods).

### **Food Art that Tastes Good**

1. Create funny faces using a round pita for the face and raisins, veggies and cheese slices for decoration.
2. Marshmallow creatures. Use marshmallows, toothpicks, pretzels and Smarties to create spiders, snowmen and other creatures.