

WEIDER

Economical
weight-training
components

100-lb
set

43⁹⁹

cash or 5.00 monthly*

155-lb set
67⁹⁹

Dumb-bell set
15⁹⁹

E These are the same top-quality weight-training components that champion weight lifters and body builders use. They're made with completely smooth castings that won't mar floors; vinyl-coated plates grip together silently for home use—won't chip or rust. Revolving chromium-plated steel sleeves give you a better grip. Set includes one each: 5' 8" steel barbell bar; 36-in. chromium-plated barbell sleeve. Two each: self-locking outer collars; dumb-bell bars; dumb-bell sleeves. Four each: 10-lb plates; 5-lb plates; 2½-lb plates plus six all-purpose collars. Complete with illustrated course, six wall charts, hardware.

F61-A 0307—100-lb set **43.99**

155-lb set includes everything as above plus two 25-lb plates.

F61-A 0308—6.00 mthly* or cash **67.99**

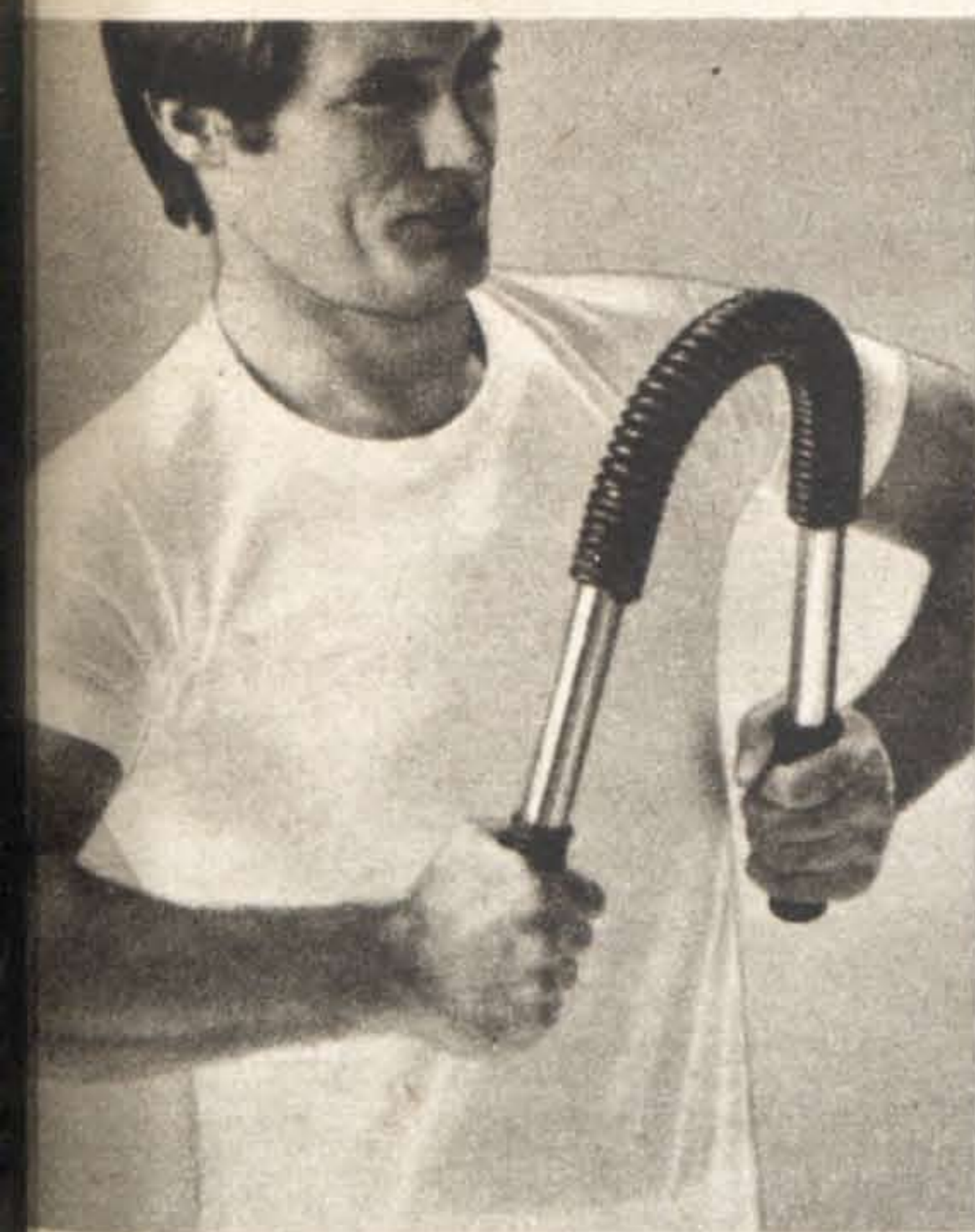
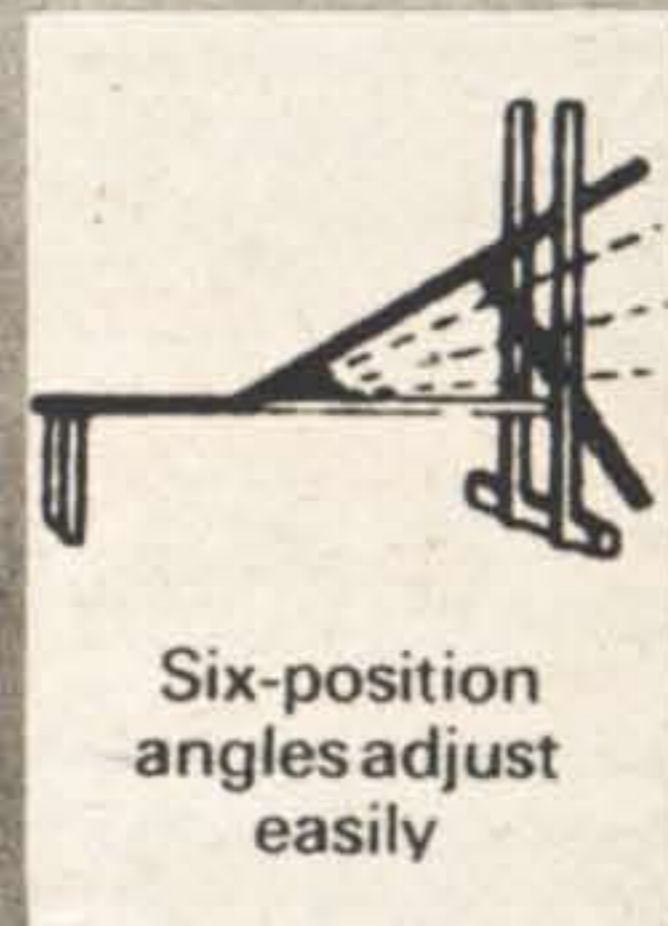
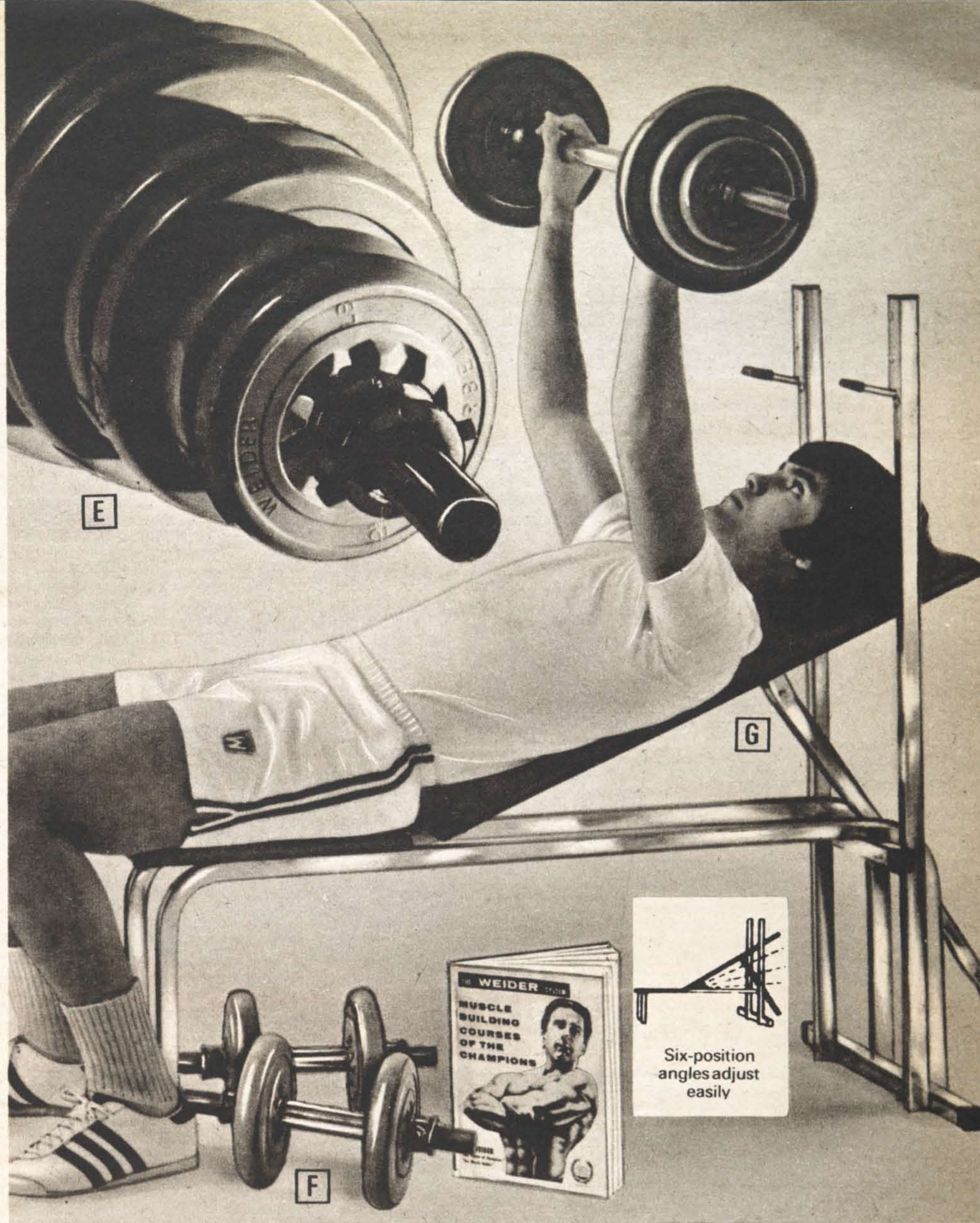
F Low-priced 30-lb dumb-bell set includes two steel bars, two chromium-plated steel revolving sleeves, four collars, four 5-lb vinyl-coated plates, one wrench plus complete illustrated instructions.

F61-A 0317—Set **15.99**

G All-steel training bench has six angle adjustments so you can exercise lying down or sitting up, plus four positions in between. Plastic foam-padded seat and back covered in wipe-clean vinyl. With illustrated course and assembly instructions. Set up size is about 38 x 10 x 39 inches.

F61-A 0321—5.00 mthly* or cash **47.99**

Above items shipped from factory.



The twister for
arms, chest, back **11⁹⁹**

Help strengthen your arm, chest and back muscles with the twister. Heavy-duty steel spring with chromium-plated steel handles, rubber hand grips. Complete with instructions.

F61-A 0332—Each **11.99**



Push and pull
steel exerciser **19⁹⁹**

The strength builder—steel-tensioned push-pull exerciser designed to develop most body muscles. Four adjustable, extra-strong springs. About 27" long. Illustrated course.

F61-A 0333—Each **19.99**

** Charge it on your Eaton Account and get in shape for summer! See page 791 for account details.*

Food supplements for
dieters and body-builders

H Slim Cal. Drink one can a day with skim milk. Tasty chocolate flavour. Case contains 14 cans.

61-A 0804—Case **13.99**

J Weight-gaining formula stimulates appetite. Taken for two weeks with milk, it will add about 26,000 calories to your diet. Chocolate flavour; mix each can with one quart of milk. Case contains 14 cans.

61-A 0805—Case **14.49**

K Enertol wheat germ oil as used by athletes to help increase energy and endurance. Bottle contains 150 tablets.

61-A 0803—Bottle **3.24**

L Quick-Wate tablets. They stimulate the appetite to help you put on pounds of firm weight. Each bottle contains 90 tablets.

61-A 0808..... **2 bottles 7.98**

M Super 90 Protein Supplement. Gives you essential protein, vitamins and minerals needed to help maintain stamina. Pleasant-tasting chocolate flavour. Each tin contains 350 tablets—one month's supply.

61-A 0801..... **2 tins 9.98**



EATON'S 771